What Is Early Childhood Caries?

Early childhood caries is a dental condition that destroys the teeth of an infant or young child causing infection and pain.

How to Prevent Early Childhood Caries

Never allow your child to fall asleep with a bottle containing formula, milk, fruit juices, or sweetened liquids.

A bottle or sippy cup should not be used continuously during the day.

Cavities Should NOT Happen to Your Child!

Brush or wipe your infant’s teeth and gums immediately after feeding as soon as teeth appear.

For toddlers, brush teeth at least 2 times every day (after breakfast or snacks and before bedtime).

Start dental visits by the child’s 1st birthday.

Teach your child to drink from a cup with milk or water starting slowly at 6 months.

Provide a well balanced diet and avoid sweets.

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