For Immediate Release

Winter Storm Warning is Here

With a Winter Storm Warning from the National Weather Service in place this weekend in the Central Illinois Region, expect cold weather, windy conditions, and snow. Local Health Departments encourage travelers to be aware of slippery roads and encourage individuals to seek shelter during the cold weather that is expected over the next week.

Families should remember to follow these tips:

- Prepare emergency kits for homes and cars.
- Check on friends and neighbors.
- Bundle up for winter, especially children who are particularly vulnerable to very cold temperatures.
- Consider bringing pets inside during extreme weather.
- Review your family communications plan if you are separated or late for arrival.
- Understand the signs of hypothermia.
- Know where to get winter info and alerts.

Resources:

- 2-1-1 Community Resource information line for regional warming centers
  Dial 2-1-1 on your phone (trouble connecting, dial 309-999-4029) [http://www.211hoi.org](http://www.211hoi.org)
- State Warming Centers [https://www2.illinois.gov/sites/KeepWarm/SitePages/WarmingCenters.aspx](https://www2.illinois.gov/sites/KeepWarm/SitePages/WarmingCenters.aspx)
- IDOT road conditions [https://www.gettingaroundillinois.com/WinterConditions/](https://www.gettingaroundillinois.com/WinterConditions/)
- Illinois Weathering Winter booklet [http://dph.illinois.gov/topics-services/environmental-health-protection/winter-weather-resources](http://dph.illinois.gov/topics-services/environmental-health-protection/winter-weather-resources)
- National Weather Service website [www.weather.gov](http://www.weather.gov)

For more information on public health issues, visit your local county health department website:
Peoria City/County Health Department, [www.pcchd.org](http://www.pcchd.org)
Tazewell County Health department, [www.tazewellhealth.org](http://www.tazewellhealth.org)
Woodford County Health Department, [www.woodfordhealth.org](http://www.woodfordhealth.org)

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